



Italy

Rome, Florence & Milan

Sample Itinerary for 9 Days – 7 Night Tour

- Day 1:** Depart International gateway to your destination
- Day 2:** Arrive in **Rome**, Transfer to Hotel, after sightseeing and dinner at Hotel.
- Day 3:** Breakfast. **Light training session with Professional trainer.** Later, transfer to the Vatican City for a guided visit of the well-known Vatican Museums. Dinner at the hotel.
- Day 4:** Breakfast. Depart to **Montecatini Terme (Tuscany)** and stop in **Pisa** to see famous **Leaning Tower** and bridges across the River Arno. Transfer to a local pitch for **1st friendly match against Italian opponents.** Dinner at hotel's restaurant.
- Day 5:** Breakfast. Enjoy a guided tour of Florence that will also include admission to Accademia Gallery where David of Michelangelo. Free rest of the day, Dinner at hotel's restaurant
- Day 6:** Breakfast. Depart to **Brà / Alba** area. Stop in **La Spezia** from where you will catch the train that enables you to explore all the cute villages that form the beautiful Five Lands!
- Day 7:** Breakfast. Transfer to a local pitch for a **pro training session** with Italian coaches. Free time for lunch and to have a look of the surroundings on your own. **2nd friendly match against Italian opponents** Dinner at hotel's restaurant
- Day 8:** Breakfast. Check out of Hotel and departure to **Milan** and upon arrival walking guided tour of the city. Free time for lunch, shopping or extra sightseeing. **3rd friendly match against Italian opponents.** Farewell dinner at a local restaurant
- Day 9:** Breakfast. Depart for airport and return to USA.

The itinerary and tour is not intended to be a scripted event but rather a time for the student athlete to explore and experience a different culture in their own way and time